

A publication of ISMRD

Glycoprotein Storage Diseases Step Into the Spotlight in the USA!

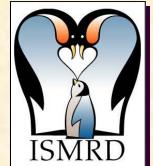
Complete Coverage in This Issue of *Pathways*!

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The International Advocate for Glycoprotein Storage
Diseases

3210 Batavia Avenue Baltimore, MD 21214 410-254-4903 info@mannosidosis.org www.ismrd.org

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Our Mission:

ISMRD is the leading advocate for families worldwide affected by a Glycoprotein & Related Storage Disease. Through partnerships built with medicine, science and industry, we seek to detect and cure these diseases, and to enable a network of support and information.

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Climbing the Ladder

By Paul Murphy

Lt was almost six years ago, November 1998, that I had a fateful luncheon meeting at a restaurant in Baltimore's Inner Harbor. Dr. Ole Kristian Tollersrud, of Tromso, Norway's *Tromso Mannosidosis Group*, was in town for an unre-



lated professional conference. I had arranged to meet with him, chat about the latest developments in research and hand over some blood samples of my daughter, Taryn, myself and Taryn's mom for a mutational analysis. At the time, I was working on a part-time basis for a small local vision care insurance company, hoping for full-time employment and concentrating on getting Taryn enrolled in a non-public



SPECIAL ACKNOWLEDGEMENTS

The following corporations, organizations and individuals provided significant financial support for the 1st International Conference on Glycoprotein & Related Storage Diseases April 1-4, 2004:

- BioMarin Pharmaceuticals
- · Genzyme, Inc.
- HemeBiotech
- National MPS Society
- Personal Assistance Services of Colorado
- Mary and Christopher Stark
- Mark Stark and Kathleen King

Without such support as this, as well as those from numerous individual contributors, this conference would not have achieved the success that it did! special education school. The meeting with Dr. Tollersrud changed the course of my priorities, resulted in the formation of ISMRD and led us to the realization of the world's first conference on Glycoprotein & Related Storage Diseases April 1-4, 2004.

Dr. Tollersrud related a story of a recently failed attempt to link one of his graduate students with a New York research scientist, Steven Walkley, to assist on a project to study Alpha-Mannosidosis. As I recall the story, Dr. Walkley had a pending research grant that was contingent on the Tromso Group funding their student's living expenses in America. For lack of finding approximately \$50,000 to secure the grant, the project fell through. As Ole related to me, the project was promising and, thus, a disappointment that it did not go forward. Fortunately, all was not lost, as the same student was able to go to Australia and work in Dr. John Hopwood's lab on a similar research study. The moral of the story was not lost on me, however: there was an obvious critical need for an advocacy organization that could intercede and lend support for any future research opportunities, as well as act as agent for new research.

Within four months, March 1999, ISMRD was incorporated in the state of Maryland with an initial Board of Directors of four people, including myself and Taryn's mother, Debora. We extended our scope beyond Mannosidosis to similar diseases, as a sincere realization that we should try to impact the future for families affected by related ultra-orphan disorders. That same month I traveled to Vienna, Austria to attend the 5th International Symposium on MPS & Related Diseases. Dr. Tollersrud and Dr. Dag Malm of Tromso attended, too, to network about collaboration with other scientists on research. I met many leaders of the Lysosomal Disease community in the medical, professional and lay advo-

cacy fields (including Steve Walkley), and ISMRD became an official part of this dynamic global constituency.

In 2003 ISMRD extended its "umbrella" to two additional related diseases, ML II (I-Cell Disease) and ML III (Pseudo-Hurler Polydystrophy), which were now being recognized in many scientific circles as part of the Glycoprotein Storage Disease group of the Lysosomal Disease family.

In April 2004 we began the next great "climb up the ladder" to the day that Glycoprotein Storage Diseases are no longer just ultraorphan diseases at the bottom of the research barrel. In this issue we give you detailed information about what occurred, what was discussed and our vision for the future. Much of this is written by families who attended, most of whom were meeting "fellow travelers" for the first time. For them, and for ISMRD's Board of Directors, the four days were revelatory, exhilarating, sobering and filled with hope for our diseases. We trust you will sense and share our enthusiasm and excitement in the pages that follow.

1st International Conference on Glycoprotein & Related Storage Diseases



In historic four-day event for Glycoprotein Storage Diseases occurred April 1-4, 2004 in Rockville, Maryland. This event witnessed the first professional and family conference on these diseases held anywhere in the world. On April 1 & 2 the National Institute of Neurological Diseases & Stroke (NINDS) sponsored a rare disease workshop titled *The Glycoproteinoses: An International Workshop on Advances in Pathogenesis & Therapy.*The program for professionals was put together by a committee including Steven Walkley, Alessandra d'Azzo and Leena Peltonen and involved almost 30 invited experts from around the world. From April 1-4 ISMRD simultaneously sponsored its first Family Conference, which featured a day-long program led by many of the scientists involved in the Workshop, disease focus groups for families affected by similar diagnoses and a Sunday strategy session for attending parents and the ISMRD Board of Directors. Other

highlights included a Children's Program involving games and activities while parents attended various meetings, a Thursday evening reception for scientists and families and a Gala Dinner Friday night. At the dinner, Christopher Llewellyn Reed premiered his documentary film about Taryn Murphy.

This conference enabled scientists and clinicians to share the latest techniques and strategies for furthering understanding and eventual treatment of all nine diseases. For families it was a rare chance to meet other parents and children affected by these diseases and to talk one-to-one with many of the participating scientists. Children who attended had more fun than the adults, thanks to a superb program developed by *Children's Program Coordinator*, Sandy Miller (see p. 13). For ISMRD's Board of Directors, it was a special opportunity to finally meet the constituency its serves and to share ideas that will make ISMRD a more effective advocate for all of them.

Reflecting the true global reach of these diseases, despite their very rare nature, attending families (like the scientists involved in the Workshop) came from diverse locations. Among the countries represented by our families were Canada, New Zealand, Australia, England, France, Norway, Latvia and the United States. Though language was quite a challenging obstacle for some, it did not prevent them from enjoying an overall exhilarating and informative experience. All of us were especially affected by children like Paul Grégoriadès and Stanislav Sovetchenkov, whose smiles belied their inability to communicate in English!

The conference could not have taken place but for the dedication of several key people, who worked diligently for almost a year prior to April 1. Among those we would like to single out for our deep appreciation are the following: Steve Groft, Director of the Office of Rare Diseases; Danilo Tagle, Ph.D., Program Director for NINDS; Dr. Steven Walkley; Dr. Alessandra d'Azzo; Dr. Leena Peltonen; Dr. Emil Kakkis, Senior Vice President of BioMarin Pharmaceuticals; Sandy Miller and Debora Murphy and Gretchen Oswald of ISMRD. These individuals gave willingly of both their commitment to the ideals of this conference, as well as their time, sacrifice and support!

This first conference on Glycoprotein Storage Diseases is but the end of one journey that ISMRD embarked upon when it formed five years ago. We now face a future of continued challenges for these diseases, but one of great potential whose ultimate goals will be the realization of effective treatments and therapies for all!



The Glycoproteinoses: An International Workshop on Advances in Pathogenesis and Therapy

By Steven Walkley, V.M.D., Ph.D.



Dr. Steven Walkley

his scientific workshop was led by Drs. Allesandra d'Azzo and Steven Walkley and attended by approximately 50 scientists from North America, Europe and the Pacific, all with interests and experience in the study of glycoprotein storage diseases. Many family members also attended the scientific

The meeting began with a series of lectures on how proteins are glycosylated (Dr. S. Kornfeld), how they are eventually degraded in lysosomes (Dr. B. Winchester), and what happens when defects occur in lysosomes which block this normal degradation (Dr. M. Patterson). In Session 2, mechanisms by which the inherited defects in lysosomes actually cause cell dysfunction and disease were explored. Dr. D. Marks, from the laboratory of Dr. R. Pagano, and Dr. S. Walkley spoke of the importance of secondary sequestration of cholesterol and glycosphin-

golipids and its potential consequences in lysosomal diseases. Dr. A. Cuervo discussed the degradation of cytosolic proteins in lysosomes and of the overall mechanism of chaperone-mediated autophagy. Drs. E. Neufeld and R. Proia discussed their studies on the importance of microglia and brain inflammation as participating in lysosomal disease

pathogenesis, as well as possible significant differences between different types of disorders in terms of the microglial-mediated response. Dr. A. d'Azzo spoke of mechanisms contributing to neuron death in the lysosomal disease, GM1 gangliosidosis. Sessions 3 and 4 were focused on discussions of many available animal models of glycoprotein storage diseases as well as molecular mechanisms contributing to individual diseases. Included here were reports of glycoprotein storage diseases in mice, guinea pigs, cats, dogs, goats and cattle, and presentations by Drs. M. Haskins, A. Jalanko, J. Hopwood, D. Schindler, A. d'Azzo, P. Lobel, and W. Sly. There were also 2 sessions of speakers focused on therapeutic strategies in lysosomal diseases. Included here were reports on enzyme replacement therapy in alpha-mannosidosis by Dr. P. Saftig, mechanisms by which microglia may transfer enzyme to diseased neurons by Dr. K. Dobrenis, the use of cord blood and Hematopoietic stem cell transplants by Drs. M. Escolar and C. Peters, respectively, and the use of adenoviral and Lentiviral vectors for gene therapy by Drs. M. Sands and J. Medin, respectively. This session ended with a remarkable report on the use of an adenoviral vector for the treatment of brain disease in an animal model of alpha-mannosidosis by Dr. C. Vite.

Several new investigators to the field were also invited to attend the meeting and present their findings on lysosomal diseases, including Dr. Y-P Wu (mechanisms of inflammation in storage diseases), Dr. C. Tifft (surrogate markers of lysosomal disease progression), Dr. K. Ohmi (the role of gliosis in storage

disease), Dr. M. Ellinwood (a newly discovered model of mucopolysaccharidosis type IIIB), Dr. M. Yoshimitsu (the use of Lentiviral vectors in gene therapy), Dr. G. Yogalingam (the use of PPCA as therapy for sialidosis) and Dr. D. Wang (enzyme replacement therapy in sialidosis and galactosialidosis).

The meeting closed with a roundtable discussion of pathogenic mechanisms, animal models, treatment strategies, future research priorities and research collaborations, and funding strategies, chaired by Dr. S. Kornfeld and addressed by Drs. M. Haskins, J. Hopwood, L. Neufeld, D Malm, and W. Sly. Consensus emerged on several points. Firstly, one of the major areas where our knowledge of glycoprotein storage diseases was believed most limited was in the actual mechanisms by which lysosomal dysfunction leads to cell and organ failure, particularly for brain as well as for bone and cartilage. Secondly, the availability of animal models of lysosomal diseases was viewed as a major research resource for both understanding issues of pathogenesis and for evaluating potential therapies. The one notable omission in terms of disease models was of a mouse model of fucosidosis, which many felt would be a major resource that should be developed as soon as possible. Finally, all agreed that the meeting had successfully brought together key leaders in the field, and that many new collabo-

rations had been established and that additional substantial progress in understanding and in treating

the glycoproteinoses could be anticipated.



Organizing Committee for Glycoproteinoses Workshop 1.Danilo Tagle, PhD, NINDS 2. Steven Walkley, VMD, PhD, Albert Einstein College of Medicine 3. Alessandra d'Azzo, PhD, St Jude Children's Hospital 4.Leena Peltonen, MD, PhD, UCLA



- Foster interaction between senior and junior investigators
- · Link world-wide laboratories and expand research collaborations
- Promote an understanding of new and potential treatments for these diseases



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ISMRD Family Conference

here were so many highlights to our conference, many not readily interpreted into words, that we cannot possibly fit them here. We owe much to the families who traveled long distances to join us, and to the professionals who gave their time and expertise, so that we might leave more knowledgeable and empowered than when we arrived. Above all, thank you to the *Office of Rare Diseases* for supporting conferences such as this!

So, in the interest of space, here are the major highlights of the conference by day in thumbnail fashion. More detail will soon be available on our website.



Thursday & Friday, April 1-2:

Day One and Two of the NIH Scientific Conference, with lots of technical information for families to absorb was presented. Families were invited to observe these all day sessions as part of their conference registration, and gave many their first opportunity to see and hear those who have been or are considering studying their diseases. At the conclusion of the Workshop Friday afternoon, Paul Murphy led a group of parents and children to the podium to personally thank the Workshop participants for their involvement. Late afternoon Friday featured focus groups for families with similar diagnoses.

Thursday evening ISMRD sponsored a reception for families and scientists and Paul Murphy presented Dr. Steven Walkley with a special plaque in recognition of his crucial part in this conference. Friday night ISMRD sponsored a gala dinner, at the conclusion of which Christopher Reed premiered his film documentary about Taryn Murphy.

Saturday, April 3:

A day-long series of presentations from professionals marked Saturday's events. The day was divided into two parts: What Is Known and What Can Be Done. It began with a humorous, delightful and understandable overview of Lysosomal Diseases by Dr. Kelley Moremen. Other presentations looked at the molecular mechanics of Glycoprotein Diseases; the role animals play in research; the clinical impact on patients and how to manage the symptoms; potential therapeutic remedies in the future; global cooperation among Lysosomal Disease organizations, science and the biotech industry and, finally, blood and tissue banking as a way to accelerate understanding of these diseases. At the end of the day we were all tired, but full of questions and ideas! A large contingent of families followed Dr. Emil Kakkis to a local restaurant for dinner and continued interaction and entertainment.



Sunday, April 4:

Families met for four hours around a large combination of tables, facing one another and sharing their hopes for the future. This hope was manifested in concrete ideas for ISMRD's mission, which Board Member, Gretchen Oswald, recorded on large flip-chart pages. The meeting commenced with a brief summary of Newborn Screening developments from Dr. John Hopwood, which all felt was an important area for early and accurate diagnosis of these and other Lysosomal Diseases.

All parents present were resolute in their desire that Glycoprotein Storage Diseases take a more prominent place in global research projects. Families voiced this unified sense of purpose by volunteering for projects, which are now borne out by Action Teams: Family Support, Finance, Fundraising, Public Awareness, Medical Outreach & Research, Policy & Advocacy. These teams will further capitalize on the conference's accomplishments. We invite all families to join a team and contribute!

The Longest Journey Begins With the First Step

By Jenny Noble

ucolipidosis has taken a leap into the future and found a home! I want to thank Paul and his team of conference organizers for including ML II and ML III as part of ISMRD's focus on the Glycoprotein group of diseases.

The conference in Rockville was a truly amazing experience, the simplicity of the information given at the Family conference was just wonderful. Never in 17 years of diagnosis have we heard an explanation of how the enzymes get into the Lysosome explained so simply or in our case how the messages are missing on some of the enzymes.

It is incredibly exciting seeing ML families finally uniting, sharing information and just supporting one another. During the conference we became known as the Stalkers, a group of parents crying out for information and answers. We used the weekend well to sow many seeds. Those poor Drs must have wondered what they were up against, but it was a wonderful opportunity to spread the exciting results of Pamidronate treatment in ML2 and 3.



Jenny & Paul Noble

Our Journey with Pamidronate is a long one based on our efforts to firstly discover why Hayden and Sarah had so much pain and why conventional drugs didn't work, but our involvement began when we started asking questions of all our International Experts, such as:

- * Why do these children have such high levels of pain?
- * Why don't anti-inflammatory drugs work?
- * If they don't have arthritis what are we dealing with?
- * We must be missing something there has to be an answer?

While attending an MPS meeting in Australia Paul and I convened a medical meeting which consisted of one UK Dr, two Australian Drs, and New Zealand's metabolic nurse. We were determined to come away from this meeting with a plan of action if not a possible treatment. The UK Dr had given a presentation about a list of drugs that help with some of the problems that MPS patients have. He mentioned a group of drugs called BISPHOSPHONATES, which are useful for pain

control. Finally a mention of a group of drugs that we had never heard of.

This possible treatment was discussed at our meeting, but it was thought that Bisphosphonates would only work for chronic pain and bone diseases and unless Sarah had either of these conditions it would not be worth considering, but being parents who don't take no for an answer we pushed ahead and asked our many questions. This lead to Sarah being seen at Westmead Children's Hospital in Sydney for a completed medical work up. For us that meant going home to New Zealand and making arrangements for us to travel back to Australia, which we did and so began a week of intensive testing for Sarah to come up with a diagno-

which we did and so began a week of intensive testing for Sarah to come up with a dia sis of osteopenia now known as Secondary Metabolic Bone disease.

The recommended treatment for bone disease was PAMIDRONATE! Finally this looked like something that would make Hayden and Sarah's live more bearable. After 6 months of treatment we saw incredible changes in pain, sleeping and over mobility and well being. Our Pediatrician decided that we really needed to document what we were seeing and suggested that we start forming the basis of a Medical paper that would have several Authors. I suddenly found myself pulling data for the Drs. proof reading and supplying correct dates and stages that Hayden and Sarah went through prior to treatment and of course all the changes that happened during the 15 month study.

Since the ML3 study Prof David Sillence has carried out a study on ML2 in Australia and this has now been submitted for publication. Here in New Zealand we have a patient who has Maroteaux-Lamy using Pamidronate, with results of well being, no pain, sleeping, wanting to get out and about. The questions being asked now are Is this a possible treatment for other Lysosomal Patients? It certainly needs to be considered and researched.

How can ISRMD help? We need and International bone study which requires funding and co-ordination. We need to look at other Lysosomal diseases and discuss the options of Pamidronate. We need to get these case studies out into the world of Lysosomal Diseases. Perhaps this is an area we could use our new Professional Advisory Board.

We would like to leave you all with this thought: "the longest journey starts with the first step"



The Nobles at home in New Zealand: Sarah & Hayden, front Paul & Jenny, rear

Note: Jenny's passion has resulted in her new position as a member of ISMRD"s Board of Directors (see page 14)

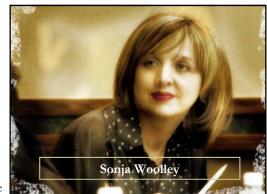
A Piece of Bad News... ...and a Piece of Good Luck!

By Sonja Woolley

My name is Sonja Woolley and I live on the outskirts of London in the UK with my husband Martin, our five year old son Reuben and our daughter Saffron (Saffy, Princess Peach or Nutjob – according to behaviour) who has just turned three.

We took a body blow in late February of this year when Saffy was diagnosed with Alpha Mannosidosis. Whilst we were reeling from this news my sister Paula, more pragmatically, found the wonderful ISMRD website, learned about the forthcoming conference and started correspondence with Paul Murphy. Challenged by her commitment that if we didn't travel to Rockville she would do so on our behalf, we booked our tickets and prepared to educate ourselves in a disease that very few doctors had any knowledge of.

It should be stated that our biological, or for that matter scientific, knowledge is extremely scant. For my part I had never even heard of the lysosome and had to raise a quizzical eyebrow when a local health professional commiserated with me on my daughter's metabolic disease – I had no idea she had one!



A quick glance at the agenda for the conference ensured us we would gain a swift and expert introduction to the specifics of Saffy's condition, but for us the greatest pull was the chance to meet the other Alpha Mannosidosis children and their families. The state of Saffy's glue-filled ears made a pressurised cabin quite out of the question, so we reluctantly left the children at home.

To stop this reading like a diary of our jam-packed days in Rockville I've selected a few of the key moments that remain in my mind looking back across the weeks since our return.

Moments of hope

- * Charles Peter's presentation on the positive effects of BMT's on Alpha Mannosidosis children felt like someone had just turned the lights back on. Learning that the mental deterioration had been halted and some of the physical symptoms lessened amongst his patients started a dream which still gets me out of bed every morning.
- * Emil Kakkis' presentation about the fantastic results of ERT in MPS kids gave great hope for the future and brought home just how important having money is, even where it should matter least
- * Meeting Danielle Forsman, whose daughter has Alpha Mannosidosis, is a year older than Saffy and is now over 6 months post transplant. Danielle was a fantastic source of information and inspiration
- * Morton Cowan gave a presentation which simplified the bone marrow process and then had the generosity to sit with myself and Martin for over two hours while we fired questions at him!

Moments of awe

- * Being told that the gathering of 16 parents/relations/carers of Alpha Mannosidosis children was the largest ever in the world was staggering. Our 5 week thirst for knowledge paled into insignificance by the stories we heard of misdiagnosis, bungled opportunities and misplaced advice.
- * Marc Patterson and Dag Malm giving brilliant presentations to the family conference on the more practical issues of actually dealing with our children's diseases day-in and day-out
- * Kelley Moreman being smart enough to make us all think understanding storage diseases isn't that hard!

Moments of mirth

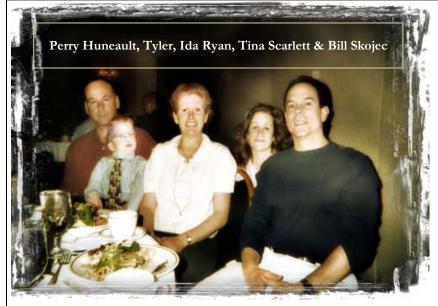
* Following the first morning of advanced bio chemistry we were able to assure the French mum, Anne Grégoriadès, sitting behind us that her lack of English may not be the barrier she anticipated – we hadn't understood a word that had been said either!



(Continued on page 12)

How Could I Not Attend?

By Bill Skojec



am writing to share my experiences regarding the first ever International ISMRD conference which addressed the genetic lysosomal storage disorders that plague families like mine who were gathered together. I was there on behalf of my son, Alexander, who has Sialidosis Type II. Alex was not able to attend the conference as a result of illness. In fact, I was contemplating not attending the conference, as I was also ill at the time and had actually called in sick to work the first morning of the conference. However, as I sat in bed that morning weighing if I should go or not, some very clear thoughts came to me. First, and foremost, was the thought that my son had sacrificed so much to this disorder and remained an inspiration to me and all of those who work with him. How could I not attend? The second thought was that I would be missing the opportunity to meet with some of the people I have corresponded with via the internet and telephone for some four years now. Again, how could I not attend? My final

thought was that I would be missing the most important research in this area by some of the greatest minds in the world today. I could not pass up such an opportunity so I did attend the conference and the experience was among the most valuable to me in my entire life. I would like to tell you why this had such a profound affect on me.

The conference was a huge success in my eyes because it brought families like mine together with each other and also with the dedicated, hard-working researchers trying to make a difference with these disorders. I felt a strong bond with the other families as we sat and shared our stories. Many of these families had traveled great distances to attend this event. It was especially meaningful to me to meet Zeny Christian, who had the strength and inner fortitude to attend the conference despite having lost her granddaughter to Sialidosis. We shared our experiences and looked hopefully to a future where families would not have to face such loss. I was also happy to have the opportunity to see Ida Ryan, Perry Huneault, and their son, Tyler, again. Tyler has Sialidosis and was born two weeks apart from my son Alexander. We have tried to catch up with each other every year at Dr. Suleiman Igodura's laboratory in Hamilton, Ontario. Dr. Igdoura is also researching possible genetic therapies for Sialidosis.

There were many researchers present who offered us some hope and optimism that there would one day be a cure for these disorders. None more relevant to my son, than Dr. Alessandra d'Azzo, who took the time to spend an afternoon with the families like mine who had children afflicted with Sialidosis. Her dedication and devotion to finding a cure for this disorder were as apparent as her warmth and compassion. I was moved by the fact that she understood the pain we all carried and did not just stick with research findings in detached manner. We are truly lucky to have persons like her involved in this research.

My final thoughts about the conference concern Paul Murphy, the president of ISMRD, and the other board members who devote their time to these disorders. I had contacted Paul four years ago when my journey with Sialidosis began. He

"..the experience
was among the
most valuable to me
in my entire life."

was one of my first contacts in those days and was instrumental in helping me find others to talk with and share my experiences. He also created Alexander's Hope a webpage that continues to be part of the ISMRD site. This webpage with our story has put me in contact with people from all over the world who have children diagnosed with Sialidosis. Until I met him at the conference, I had no idea how much time and hard work he devoted to ISMRD. His efforts regarding these disorders afflicting our children are truly amazing and I would like to tell him how grateful I am for all he has done. I would take part in another conference without reservation and look to the future with hope and optimism that one day a cure will be found.



Tyler Huneault Seeks Escape from the Conference Crowds!

A Home At Last!

By Brenda Haggett

ell, where to begin? My name is Brenda Haggett and my husband John and I have a three year old little boy named Zach who was diagnosed with Mucolipidosis type III, or Pseudo-Hurler Polydystrophy, just about a year ago. Getting a diagnosis was not a surprise to us, as we had been told the morning we were to leave the hospital with our newborn baby that there was speculation that something was seriously wrong with him. We were robbed of the genuine happiness our first born should have given us. Instead, we were enveloped with fear as to what might be wrong with this seemingly beautiful and quite perfect little boy we had waited nine long years to welcome into the world. We had been thrown into parenthood on guard and on defense from day one. So began the several years long journey to finding an answer.

It was May 2003 and my little trooper was now 2 years old, and making incredible strides with the daily visits from Early Intervention therapists. They quickly became the support and confidantes that John and I so desperately needed! It was they who exalted and delighted in the triumphs Zachie made, albeit much later than all his peers and our peers children, but equally amazing and triumphant in our eyes!!! We were so sure that he would persevere no matter what the doctors came up with. So it was at this point. having finally became



comfortable with the fact that our son was only "globally delayed" for unspecified reasons, that we had our bi-annual visit to the Genetics clinic. For 3 years, both John and I attended each and every visit together and heard nothing but the same: "well, he looks great so go home and we'll see you again in six months." Today was the first time I had ever come to a visit alone, as John had a conflict at work. Of course, this had to be the day I was told that they saw significant changes in Zach and needed to do some lab tests to confirm what they believed to be a diagnosis of MPS (Mucopolysaccharidoses).

I was utterly shocked and terrified to say the least! We went through the gamut of blood tests and urine samples only to hurry up and wait two very long weeks. Of course after sharing all of the gory details with my husband, the first thing we did was submerge ourselves into internet research of this "MPS" title. Anyone who has any knowledge of this cruel and unwaveringly incurable disease, can no doubt understand how unbelievably shocked and mortified we were to learn that our baby had this deadly disease. The days and hours couldn't go by any slower. Just a week after the labs were sent out, my husband had an out of town business trip for three short days that just also happened to be Mother's Day weekend. The mere thought of my child having such a life threatening illness immediately put every little thing in life into perspective. To this day, I have to thank God for at least allowing me to see these truths so as to be able to truly cherish every single moment that we share with each other. I couldn't have enjoyed every moment of that Mother's day more except maybe if John had been there to enjoy it with me. The following day it was back to business as usual and we were in the midst of physical therapy when the phone rang and I the heard the worst set of words in my life. "Mrs. Haggett we have the results from your son's labs and he has a lysosomal storage disorder. The good news is that it is one of the milder ones, not MPS, but ML." I remember them wanting to set up a meeting the next day and telling them I couldn't have one until my husband returned which was not for several days. When I hung up the phone, the first day of the rest of our life began.

Life had never been sadder or more depressing than the next few months. We immediately did what I suspect just about every other parent does when newly diagnosed, assumed the position of fight or flight! In our case it most definitely seemed to be Fight! We became members of the MPS Society and received all the information we could and searched nightly on the internet for everything ever published about Mucolipidosis (which we sadly we discovered was not very much)!! I made contact with another ML parent who was the first person that had any clue of what ML was! She was truly a lifeline for both of us. She helped us address our fears and feel as though we were not alone. Even with that one contact, however, we were alone in our own city where not even our doctors had experience with ML. This is not surprising, as there are probably less than a dozen affected children here in our country, and maybe a little more than that around the entire world. I must give credit to the MPS Society for having the bulk of information available to newly diagnosed families in search of answers. I must also be honest when I say that I really did not find much in the way of family support, due to the mere fact that there are so few children affected by ML.

To which I can now say my husband and I have finally found!!! All in part to ISMRD!

I do have to thank the MPS society for making our connection to the ISMRD possible. I received notice that the ISMRD would be broadening their organization's umbrella to encompass more rare genetic disorders, and to our astonishment, that included both Mucolipidosis II (I-Cell Disease) and Pseudo-Hurler Polydystrophy. I couldn't get to the ISMRD website fast enough to find out more! I then received the brochure informing us of the upcoming first ever conference. It promised the latest information on current research from pro-

(Continued on page 11)

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To Know or Not to Know...to Wait or to Do?

By Anne Grégoriadès

or the first time, I thought to myself, we will talk about these diseases and only these diseases! In my mind, I felt really happy to be attending the 1st International Scientific Conference on Glycoproteinoses Diseases. As the mother of a boy, now 19 and diagnosed with Beta-Mannosidosis at 3 years

old, I had hopes that this event would bring me new information about his disorder. If not that, at least I felt it could create something dynamic among the global scientific and medical community who would be represented there. I firmly believe that this is what happened!

We, my son Paul and I, arrived in Washington from Paris (with a stop in New York) on the afternoon of Wednesday, March 20th, enthusiastic to revisit a country we had visited four years previously. This time, however, I came not as a tourist, but with a much more specific objective: to meet other families affected by these very, very rare diseases for which there is not yet any medical treatment. It was comforting to know that I would be with others who felt isolated as I by the effects of a disease which, as with Beta-Mannosidosis in my country, is too rare to be of interest to most. Now we would have the opportunity to meet with the best scientific specialists about them and to feel, at last, that we do not have to be so alone with our fate.

Nevertheless, when I arrived in Washington I really did not know what would transpire. On the morning of Thursday April 1st, Paul and I arrived at the conference hotel in Rockville with my sister-in-law who lives in nearby Bethesda, Maryland. There we met Sandy Miller, who was fantastic with all the children in attendance: she was the one who managed the children program, and I want to send her a great "thank you" for her kindness and her competence! It must have been difficult to find suitable activities for such different children or young adults (different by age, country, languages, physical or mental capacities, evolution of the diseases, etc.), yet she found new, engaging activities for each day of the conference! I remember Paul's joy when he met Anselme, a caregiver whose origin is Cameroon and who spoke French with him on Friday. I understood that Sandy had asked him specially to come for Paul's sake.

I also recall my excitement meeting Dr Margaret Jones, from the University of Michigan, and probably the foremost expert on Beta-Mannosidosis, on the 1st day. Dr. Jones told me how very long she had studied my son's disease, for which I have great admiration. When I returned to France, I analyzed her contributions more closely, by reading, asking, answering with French and American families or associations, and I understood how important her work was to the current understanding of the processes of this disease.

This conference allowed me, and I suppose others too, to get a wide and precise view of the Glycoprotein Diseases, because it focused only on these, and for the first time they were not "drowned" in discussions of more prevalent ones like MPS. Even if it was very hard for me and other "non-anglicists," like Valentin Sovetchenkov from Latvia, to understand what was explained during the two days of the Scientific Workshop, I was helped greatly by the PowerPoint slides that enhanced each presentation. I should emphasize that, though not presented in my native tongue, I was able to learn much about biochemistry, research and medical strategies by "listening and listening, reading and reading!" It was like taking a "bain de langage" ("language bath") which forces you to learn in a way, then finally makes you understand.

Saturday was the day that families were presented the results of the Scientific Conference in a more understandable format. It began in the morning with a "lesson" on genetics and how the lysosome works, or does not work: this was wonderful because it was so didactic

and so well presented! Dr. Kelley Moremen, who spoke about the mechanics of a Lysosomal Disease, presented the material with such attention, speaking slowly in order that everybody could understand, that so many of the specific words I heard during the two previous days now made sense for me! Nevertheless, I think that it surely was a CHALLENGE for the speakers assembled to teach genetics and biochemistry to us, most of whom had no medical education and some speaking a foreign language! Despite this, by the end of the day Saturday, even though the afternoon topics about therapeutic prospects were of particular interest to the families, I began to get really tired, a result of the time-lag between Europe and America and a head cold I had been fighting for two weeks...

On Sunday morning I arrived late to the meeting, whose subject was ISMRD: the organization, its orientation, goals, etc. The families gathered around the huge table were exchanging ideas about how to raise the funding needed to support medical research projects, such as Enzyme Replacement Therapy and Substrate Deprivation Therapy, that were highlighted by the conference. Many came up with suggestions and I proposed something similar to France's "Telethon," that supports fund-raising for a variety of causes.



Paul Grégoriadès

(Continued on page 12)

"I have never been in the

same room with so many

people that wanted the

same for my child as I

do: a cure, nothing

more, nothing less"

(Continued from page 9)

fessionals from around the world. After nearly a year of searching high and low for some sort of promise in the area of research and not being able to get a straight answer out of anyone in our immediate care, it took us all of maybe three seconds flat to decide we WERE coming!!!!

April couldn't come soon enough and the idea of actually meeting other families with ML couldn't be more exciting! When we first inquired about how many ML families might come we were told maybe three. Well, that was two more than we knew right now and was the best news we had heard in almost a year! So we were off, and after nine long hours in the car with a very exuberant three year old we were ready for sleep. Luckily enough we were blessed with having the company of our family "Rock", John's mother, who came with us so we would not have to worry about Zachie while we were in sessions. We began the next morning registering and getting our agendas for the next few days when to our delight, Paul Murphy pointed us in the direction of our new "family!"

There they were: the ever experienced couple with two adult children with ML and the mother of a little boy a few years older than Zach, a beautiful little girl and a handsome young boy who all looked almost identical to our son, all equipped with pictures and hugs to match. It was instantaneous. The wall we had spent a year sheltering ourselves behind

A Home At Last!



from even our closest friends came immediately tumbling down. They know, they understand, they are us!!! I can't tell you how amazing it was to finally be among someone that truly new my life! It was astronomical. The comparisons were shared, the fears were validated and the bond had been forged!!!! We spent the next four days inseparable with one another trying to learn every morsel of information and looking for any small light of hope from these scientific individuals who most certainly dedicate their souls to this work.

After the initial "fish out of water" feeling, we began to understand the medical jargon with almost ease and actually felt ourselves compelled to push them even further. I am most confident that some of these doctors had second thoughts when the newly formed clan of ML families besieged them with our thoughts, ideas and concerns concerning research and possible treatments for our children. I think the most wonderful moment was when I realized that these people did not get upset with our anxiousness; they were actually refreshed and possibly even moved by our steadfastness and love for our children. They wanted to be here to meet with parents and see our children. This has never been the experience with any doctors prior to this. I have never been in the same room with so many people that actually wanted the same for my child as I myself do: a cure, nothing more, nothing less. This is by far the most incredible and moving feeling I think any parent of a child with special needs, much less a rare disorder, could possibly experience.

There were so many moments like this, though, throughout the conference. As we sat awaiting the topics that applied to our disease, we got the opportunity to learn about other rare diseases and realize just how similar the feelings of hopelessness and drive toward a cure are among each of our equally

rare disorders. This may be the most defining point of the entire conference in that we all share the desire to find a cure for these inno-

cent children and the only hope they have is what evolves from our drive to find the answers! This is what I myself brought away from this wonderful experience: that we can defeat these disorders, maybe not in time for our own children but possibly the next generation of those afflicted. This can be done if we work together for the sake of all of our children and stand as a united front against these disorders. I really am so honored to have been given the opportunity to express my concerns and hopes for the future and feel very

Zach Haggett presents his "state of ISMRD' keynote speech to conference attendees!

united with not just the ML families but all the families we met at the confer-

Upon leaving this conference, full of so much hope and promise for my son's future, I couldn't wait to attend the next conference and visit with all of our new allies. Since returning home, we have kept in touch with all of our new family members almost daily thanks to the Penguin Café on the ISMRD website. This website has quickly become a daily ritual in our household and even more than that a feeling of community with the capability of becoming a way to become more involved in what I believe is truly where my heart is destined to be. We have the resolve to be globally connected and become an even stronger voice within the research community, if we can all just work together and do our part. I hope that everyone will take a few minutes to check out the Café and see just how much it has changed and how much support it can offer your family.

I truly feel that we can achieve great things through ISMRD, which to me is a vehicle of hope and future flight for all of our beloved penguins!

To Know or Not to Know...to Wait or to Do?

(Continued from page 10)

Upon our return to France, I made contact with VML, Vaincre les Maladies Lysosomales, the French organization that advocates for all the French families with a lysosomal disease, and participated in the annual family meeting for the first time. There I met just one patient with Alpha-Mannosidosis; none of the others were affected by one of the Glycoproteinoses. I listened to the presentations and understood the critical importance of research on such diseases as Fabry, Hunter, Gaucher, Niemann-Pick, Hurler, Cystinosis, Pompe, and few others. Yet, once again, I felt that we were alone and that reinforced in me the feeling that it is very important that ISMRD be global in order to be strong. But also I want to say that each person, in their own country (or in a larger context, such as Europe), can have an impact by trying to ask their native organizations not to forget them!

At the end of the VML conference, we made an appointment for early July to meet with a clinical specialist in diseases of metabolism at a hospital in Lyon. I clearly understood the message that had been given to the families by the clinicians at the Rockville Conference: these diseases are progressive storage diseases and families should expect a worsening of the disease with age.



Anne with Valentin Sovetchenkov

One conclusion I have reached is certain: if WE do not do anything, nobody will do it instead of us!! So "merci" to Paul, Deborah and Taryn Murphy, Sandy Miller, and thank you to all the members of the Board of ISMRD who are doing just that! Thank you, also, to John Forman, who we met for the first time in Paris June 2002 and who, with his competence and his "fervor", made us understand the importance of such involvement on a worldwide level.

I will conclude with this anecdote: in the plane traveling from Paris to Washington, I sat beside a passenger coming from Mali. He was just coming back from his annual visit to his family in Bamako, as he was married to an American woman and was living in San Francisco. He spoke French and when I told him about the conference on Paul's genetic disease, he told me about a genetic disease that affects a family in a village near Bamako. All the members of this family die at the age of 40 years old! When I asked if there was research being conducted on it, he laughed and laughed at the irony of my question! So, I ask, what is better: to know or not to know? To wait or to do?



Martin and Sonja Woolley

(Continued from page 7)

A Piece of Bad News... ...and a Piece of Good Luck!

And finally, and undoubtedly at the forefront of my mind John Forman serenading myself and Martin in the Doubletree bar with an unmatchable edition of "You'll never walk alone" - ably accompanied by the giggles of Jenny and Paul Noble! Thank-you

Our recent diagnosis, Saffy's age and relatively mild symptoms to date all put us in a unique position at the conference. We had come seeking the answers to many questions and we had found them.

We had boarded the plane to Washington D.C. considering ourselves unusually unlucky and very isolated

by the rarity of Saffy's condition. Six days later (and with considerably more luggage courtesy of Toys-R-Us) we started our trip home feeling that the hard work of the scientific and medical professions meant that we had options to vastly improve Saffy's life. Mainly we knew that the commitment and dedication of a group of parents in realising this conference, some that have been cruelly denied our options by time alone, had left us with a debt we will never be able to repay.

Postscript

Since our return we've been very busy bees as Saffy has been in and out of hospital having her various symptoms managed. To date she remains extremely happy and makes the minimum of fuss regardless of the procedure involved – I think we're on borrowed time!

As one in four isn't the kind of odds we're good at, Reuben wasn't a bone marrow match for his sister but there are a couple of potential matches here in the UK and we're still awaiting the results of an international search. Please keep your fingers crossed for us and we'll keep you all updated via the ISMRD site.



Since beginning our planning for the ISMRD Family Conference back in April 2003, we had looked forward to the opportu-

Our Godsend

By Debora Murphy

many, this would be the first time they had ever

met another child with the same diagnosis or one similar to theirs.



Sandy Miller & Anna Simpson

As the conference date approached, it became clear that the children's program had taken on a life of its own! To enable parents to attend the Workshop and Conference

sessions, the planning committee decided professional caregivers would be needed instead of parent volunteers. We also knew that it required someone extremely talented and versatile to develop and manage both the activities and the caregivers we needed to find.

After receiving no responses from postings on a Maryland Nonprofit volunteer website, I contacted the principal at my daughter, Taryn's, school for help. She emailed ISMRD's "volunteer opportunity" for a *Children's Program Coordinator* to the school staff. After about a week (a very long week!), I was approached by one of the school Social Workers who wanted to know more about the position. She expressed that she was proba-

bly not qualified, having not done anything like this before. We talked for a few minutes, I gave her the <u>best</u> pep talk I could muster, yet she was still unsure and wanted to think about it. I did not want to leave without getting a commitment, however. After all, here was someone who was interested in a job that, until now, no one had wanted, and a job that <u>desperately</u> needed to be filled. This was a "moment of truth" when all pride goes out the window and one must do what needs to be done!

Therefore, in the busy foyer of St. Elizabeth School, with students running to their busses and staff mingling about, I got down on my knees and begged Sandy Miller to take the position of ISMRD *Children's Program Coordinator*. Sandy was mortified! She begged me to get up off of my knees, but I told her I would do so only if she agreed to take the job. Sandy agreed and the rest is history.

nity for attending children to meet and interact with others similarly affected and their siblings. For

I believe all those who attended our conference would agree with me that Sandy was not only qualified for the job, but developed a program that emphasized our children's talents, recognized their different ages and abilities and provided a safe and loving environment for them to interact. I call Sandy a <u>Godsend</u>. Thank you, Sandy Miller, from all of us!













Children's & Youth Program



Pathways: Volume 6 No. 1 Summer 2004



New Board Members Elected!

ISMRD is pleased to announce the election of two new members of its governing Board of Directors, Jenny Noble and Bill Simpson. Jenny and Bill replace our outgoing Directors Ann Pierce and Laura Palmgren-Neuvonen. We extend our grateful appreciation to all of Ann's and Laura's contributions and wish them well. We know that each will stay active in helping our mission continue in the future.

Both Jenny and Bill attended ISMRD's recent Family Conference, at the end of which they expressed an interest in being part of mapping and carrying out the organization's objectives going forward. Thank you, Jenny & Bill, and welcome "aboard!" For the complete Board of Directors list, see page 16.

Jenny Noble, Mucolipidosis III Parent

New Zealand email: noble@mannosidosis.org



Mrs. Jenny Noble is the parent of two young adults with Mucolipidosis Type III (Pseudo-Hurler Polydystrophy).

Jenny has spent many years attending International MPS conferences in her search for information and symptomatic treatment for ML III. This led to her becoming a member of the Board of Directors for the *Australian MPS Society*, and she

has worked closely with the society in strengthening links between her native New Zealand and Australia. Jenny is currently a Trustee and Secretary for *Lysosomal Diseases New Zealand*. Though not trained in health or science, she is one of the co authors of The Osteodystrophy of Mucolipidosis Type III and the Effects of Intravenous Pamidronate Treatment published in the *Journal of Inherited Metabolic Diseases*.

Bill Simpson, Mucolipidosis III Parent Canada email: simpson@mannosidosis.org



Bill is the father of a young boy, Matthew, with Mucolipidosis Type III (Pseudo-Hurler Polydystrophy) and resides in Ontario, Canada. Bill is a graduate of York University in Toronto, Canada, with a Bachelor of Arts Degree in Political Science. Bill brings to the Board a vast array of experience with non-profit organizations

In his spare time, he enjoys coaching intramural sports for individuals with special needs. Bill is committed to promoting the interests of ISMRD and feels that he brings to it a fresh perspective with regard to the needs and directions in which our organization is heading. He co-chairs ISMRD's Financial Action Team with Roger Barilani.

New Professional Advisory Board

ISMRD is pleased to announce the appointment of our new Professional Advisory Board! The members of this elite group will help ISMRD's Board of Directors advance its mission to advocate successfully for the Glycoprotein Storage Diseases. Our thanks to the following for their generous donation of time and advice and their dedication to the search for understanding Glycoprotein Storage Diseases:

- 1. Alessandra d'Azzo, PhD: St. Jude Children's Research Hospital, Memphis, TN
- 2. Mark Haskins, V.M.D: PhD, University of Pennsylvania School of Veterinary Medicine, Philadelphia, PA
- 3. Prof. John Hopwood: Women's and Children's Hospital, Adelaide, Australia
- 4. Dag Malm, M.D., PhD: University Hospital of Northern Norway, Tromso, Norway
- 5. Marc Patterson, M.D., FRACP: Columbia University College of Physicians and Surgeons, New York, NY
- 6. Charles Vite, D.V.M., PhD: University of Pennsylvania School of Veterinary Medicine, Philadelphia, PA
- 7. Steven Walkley, D.V.M., PhD: Albert Einstein College of Medicine, Bronx, NY

Testimonials

ISMRD Unveils Its New, Improved Penguin Café

that the <u>Penguin Café</u> Message Board has been completely redesigned and invite you to visit and participate!

The Café now features separate topic forums for each of the nine Glycoprotein Storage Diseases, enabling easier navigation and threading of messages. Each such forum, or "colony," is meant to enable support among families and anyone who is affected by one of these diseases. They are free and open to the public. Additionally, there are two forums for registered users that enable private discussions: one for general discussions and one for exchanging ideas about how ISMRD might better serve its global constituency.

Registering as a user is easy and safe; just follow the directions posted in our special area called "Flying School." Come by and say hello to old and new friends alike and share your stories with others!



The Penguin Café
www.ismrd.org/cafe/cafe.htm

The Penguin Cafe has provided a really special link for ML3 families to be able to communicate with each other to share our knowledge, suggestions and encouragement to each other. We can all learn from each other, as well as gather strength when we need it. I've never been to a Cafe like this one before!

Debbie Nagle

Pamela Tobey

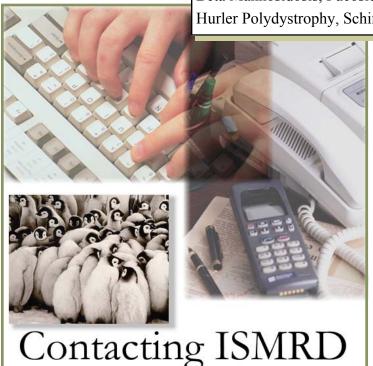
I've participated in many message boards for children with specific symptoms like hypotonia, cataracts, hearing loss, epilepsy, reflux, developmental delays.....but Emily always is the child with much more going on than "just hypotonia" or "just cataracts" or "just hearing loss".... No one there seems to understand what Mannosidosis is like.

Diane Chika

The Penguin Cafe has provided a really special link for ML3 families to be able to communicate with each other to share our knowledge, suggestions and encouragement to each other. We can all learn from each other, as well as gather strength when we need it. I've never been to a Cafe like this one before!

Denise Crompton

The International Advocate for Alpha Mannosidosis, Aspartylglucosaminuria, Beta Mannosidosis, Fucosidosis, Galactosialidosis, I-Cell Disease, Pseudo-Hurler Polydystrophy, Schindler Disease & Sialidosis



ISMRD Board of Directors

President: Paul Murphy Treasurer: Roger Barilani Secretary: Debora Murphy

Asia/Pacific Coordinator: John Forman

Directors:

<u>United States</u> - Elizabeth Cunha; Mark Stark;

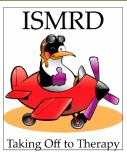
Gretchen Oswald, M.S., C.G.C. <u>New Zealand</u> - Jenny Noble <u>Canada</u> - Bill Simpson

3210 Batavia Avenue Baltimore, MD 21214 USA Phone: 1.410.254.6317 Email: info@mannosidosis.org

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ISMRD Tee Shirts for Sale!





Pilot Penguin



Penguin Family

For more information on availability and sizes, contact Paul Murphy at pmurf@ix.netcom.com or call 410.254.4903.

Pricing:

Long Sleeve: \$20.00 US each + postage Short Sleeve: \$15.00 US each + postage

limited number of ISMRD tee shirts, professionally made for conference attendees, is available for those who would like to make a contribution, publicize our organization or just lounge around in comfort! There are two designs, made of 100% white cotton, available in either long or short sleeve. One design is our new logo: two adult penguins surrounding their penguin chick; the other design is our humorous pilot penguin in his slightly weather-worn plane giving the "thumbs up" sign. Underneath him is the text "Taking Off to Therapy!" Long sleeve shirts display the images on the back; short sleeve shirts show the images on the front. Among sizes available at press time are small to extra large, though not necessarily all in each style.

Feedback Form | Donation

would like to hear from you!

Send us your feedback, your request for further information or make a donation. Just fill out the appropriate boxes below, cut out this page and then return it to the address on the reverse side.

Donations: contributions to ISMRD are tax-deductible in many countries. Consult your nation's local or central tax-collection agency. A copy of our current financial statement is available upon request by contacting ISMRD at our address at 3210 Batavia Avenue, Baltimore, MD 21214 USA. Documents and information submitted to the State of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage. Please contact us for further information.

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| | | link families, support research, develop therapies and find cures. Send ested in receiving our newsletter or know more about our mission. Join ow small that contribution may seem, Your ideas are invaluable! | | |
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| Action team members work | Family Support (Website | e, "Buddies," Newsletter, Special Events); Board Liaison: Paul Murphy | | |
| together to fulfill parts of | Fundraising; Board Liaison: Mark Stark | | | |
| ISRMD's mission. For more | Medical Outreach/Research: Board Liaison: Gretchen Oswald/Jenny Noble | | | |
| information, check an area that | | | | |
| interests you and we'll contact | | d Liaison: Debora Murphy | | |
| you. | | 1 , | | |
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Please Help Our Cause!

ISMRD is a 501 (c)(3) charitable organization based in the United States serving a global constituency. We provide our services, which include our newsletter, website, outreach activities and support of research, without requiring monthly dues or any other financial restrictions. We gratefully accept donations that will enable us to continue toward our goal of a future free of the tragic consequences of Glycoprotein Storage Diseases.

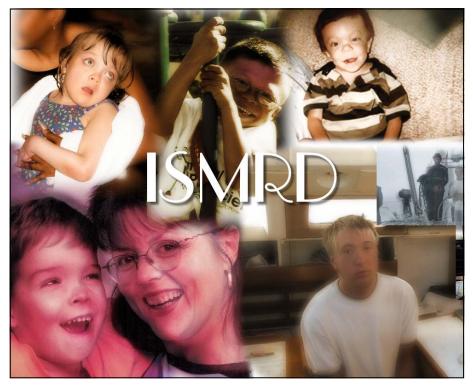
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